# What to Expect before your Recording Session

You, as a speaker, have been invited to a Recording by your event organizer, and you are wondering what to do before that. Here are a few tips to get you ready and ensure your session runs smoothly.

## Let's start with understanding the overview of your sessions.

## What is a Recording Session?

In short, a Recording Session is when a producer invites speakers to present their content while being recorded by the producer during a video call. The recorded videos will then be edited in the post-production phase before it is included as part of the event.

A recording session should be viewed as your live presentation. Be prepared - have your presentation ready, rehearse it ahead of time, and during your recording session, pretend your camera IS the audience. As this is intended to simulate a live experience, the producer will not pause for small mistakes, such as stumbling upon a word, or natural pauses during your recording.

#### **Technical Assessment**

Keep in mind that this session will include a 15-minute Technical Assessment, ensuring your video, audio, and lighting qualities are optimized for your session.

## **Bookings**

- You will receive Calendly booking links for a Recording session from your event organizer.
  - https://calendly.com/eventmobi-bookings
- If you need to cancel or reschedule your session(s), you can find it in the calendar invite from our booking system. (scroll all the way to the bottom)
- Please contact your event organizer when there is no available time on the booking links. They will coordinate with our team to assist you in booking your session.

## **Preparation before joining your session**

#### Content

- If you will share a slide deck, make sure it is ready and ensure you are familiar with the software you will use to present it. You will be responsible for advancing it.
- Please avoid small fonts; your audience will have a hard time reading it through their monitors.
- •You will be asked to share your content in full-screen mode; if you have notes in your presentation, you should keep them outside of your presentation.
- Rehearse it! Reading your notes is very noticeable during your presentation. The intent is to present your content as you would in a live event setting.

#### **Performance**

- Presenting virtually is very different from a live event. You will not be able to see your audience's reaction. Make sure you add some non-verbal language, keep your energy level high, and be aware of your voice pitch and speed during your presentation to engage with your virtual audience.
- •Your posture is essential. Don't lean backward or forward once you start your presentation.

## **Device Setup**

## **Computer Hardware and Software**

- Please use a computer, not a mobile phone or tablet.
- •Ensure your Zoom is up to date. If you can't use Zoom due to company policy, please contact your event organizer. (only applicable to a Recording Session)
- Turn off notifications and close all applications that are not relevant to prevent distraction during your presentation.

#### Internet

- Plug into a hard line if you can.
- •If you are using a cable connection, turn off your wifi.
- •If you are using wifi, make sure you are close to the router.
- Do an internet speed test before joining the session. The Pre-Assessment form will walk you through it.

#### Camera

- •Clean your camera before the session; subtle fingerprints can degrade the video quality.
- Position the camera at your eye level, raising your laptop if needed.

#### Audio

•Use an external microphone or a headset to prevent audio feedback, echo issues, and help isolate your voice.

## Lighting

- Ensure your camera is not against the light. (no light source coming from behind you)
- Adjust the brightness and the light temperature from your monitor. Your monitor acts as one of your light sources.
- Position a light source in front of you (eg: position your desk in front of a window or place a lamp behind your computer)

#### **Framing and Composition**

- •Look at your camera while presenting to ensure your eye line is direct to your audience.
- •Stay in the center of your camera feed to leave room around yourself for graphic overlay and lowerthird.
- •Our producer will also check these elements before proceeding with recording.

### **Environment**

## Find a Quiet Place

- Find a room with a door you can close to minimize any distractions.
- •Tell your family (and your pets) you'll be filming. Put a notice on your door for the more forgetful members of your household, letting them know you're in a recording session.
- Mute your phone to give your session your full and undivided attention.
- Have a glass of water nearby; you may be talking a lot!
- Make sure all you will need during your session is close to you and accessible (like a notebook, pen, glass with water, etc.)

## **Consider Your Background**

- Try to pick a background that you are comfortable having on camera. (home offices, bookshelves all make interesting backgrounds)
- •If you are concerned about privacy, remove family photos, etc. clean up your space so that you are only sharing pieces of your life you're comfortable with.

## What to Wear

- Avoid stripes or busy patterns. These patterns will create a moiré effect, which causes the video to waver.
- •Stick with solid colors and avoid brand logos or names written to avoid conflict with sponsors and event policy.
- Avoid accessories that will create noises when you are moving, such as pendants or bracelets.